

St Hilda's Bronze DofE kit list

| | | |
|---|---------------|------------------|
| Individual clothing: | Got it | Packed it |
| - Walking boots (broken in) | | |
| - Walking socks (x2) | | |
| - Trainers for around campsite | | |
| - 2-3 T-shirts | | |
| - 2 trousers (not jeans) | | |
| - Underwear | | |
| - Thermal top and bottoms for night | | |
| - Sunhat/ possible warm hat or gloves for evening | | |
| - Gaiters (optional) | | |
| - Waterproof trousers | | |
| - Waterproof coat | | |
| - Sunblock (if appropriate) | | |
| - Jacket/coat | | |
| - 2 fleece tops or similar | | |
| Individual kit: | Got it | Packed it |
| - 65L rucksack | | |
| - Rucksack liner or strong bin bag | | |
| - Survival bag | | |
| - Sleeping bag | | |
| - Sleeping mat | | |
| - Notepad/ pen | | |
| - Watch | | |
| - Whistle | | |
| - Torch | | |
| - Personal first aid kit (see below) | | |
| - Water bottle | | |
| - Emergency rations | | |
| - Spoon/fork/knife | | |
| - Plate and mug | | |
| - Wash kit and small towel. | | |
| Team kit: | Got it | Packed it |
| - Tents (school unless you have your own) | | |
| - Stove (school unless you have your own) | | |
| - Pans (school unless you have your own) | | |
| - Gas (school unless you have your own) | | |
| - Washing up sponge/ liquid/ tea towel | | |
| - Tissues | | |
| - Food (breakfast x1, tea x1, lunch x2) / plastic bags | | |
| - Compass and map | | |
| Personal first aid kit: | Got it | Packed it |
| - An individually-wrapped sterile unmediated wound dressing | | |
| - Triangular bandage | | |
| - Antiseptic wipes | | |
| - Safety pins | | |
| - Medical scissors | | |
| - Tweezers | | |
| - Plasters (waterproof and blister kit) | | |
| - Burns wound dressing | | |
| - Eye wash | | |