



ST HILDA'S CE HIGH SCHOOL

2018 UNIFORM - PHYSICAL EDUCATION DEPARTMENT

It is expected that all pupils comply with the uniform regulations.

EMBROIDERY - all embroidery must be in HOUSE COLOURS on the front left

GIRLS

COMPULSORY:

- White school polo shirt - embroidered with name or initials
- Purple "skort" - embroidered with name or initials. Purchased from Trutex, Liverpool 19.
- Navy blue school tracksuit jumper - embroidered with name or initials. Purchased from Trutex, Liverpool 19 or from school on induction evening.
- Navy blue school tracksuit bottoms - embroidered with name or initials. Purchased from Trutex, Liverpool 19 or from school on induction evening.
- White ankle socks
- Plain white trainers
- Purple hockey/football socks
- Gum shield and shin pads
- Dark coloured gloves
- Purple, black or white hair bobble (if applicable)
- Plasters if ears are newly pierced

OPTIONAL:

- Dance shoes (ballet or jazz)
- A towel is recommended for wet weather

BOYS

COMPULSORY – Indoor Kit:

- White school polo shirt - embroidered with name or initials
- White school shorts - embroidered with name or initials. Purchased from Trutex, Liverpool 19.
- White ankle socks
- Plain white trainers
- Purple, black or white hair bobble (if applicable)
- Plasters if ears are newly pierced

COMPULSORY – Outdoor Kit:

- Purple reversible school rugby top (long sleeved) - embroidered with name or initials. Purchased from Trutex, Liverpool 19.
- Navy blue school football shorts - embroidered with name or initials. Purchased from Trutex, Liverpool 19.
- Football boots
- Purple football socks
- Gum shield and shin pads
- Dark coloured gloves
- Purple, black or white hair bobble (if applicable)
- Plasters if ears are newly pierced

OPTIONAL:

- A towel is recommended for wet weather

If a pupil forgets their kit they must borrow out of the spare PE stock.

We view the forgetting of kit seriously as it wastes time finding alternative dress for those pupils and can hold up the lesson so valuable teaching and learning time is lost. Pupils who forget part or all of their PE kit will be given a detention. We request your support in this matter.

ILLNESS

If a pupil is ill or has an injury, a letter must be brought in and given to the PE teacher at the beginning of the lesson. Pupils are not normally excused for minor illnesses like colds or sore throats. The pupil may not be excused if they forget their note. If s/he is likely to be out of action for longer than 3 weeks then a doctor's note is required.

Pupils with asthma must bring their inhaler to every lesson.

Even if a pupil is excused from the physical side of the lesson, they will still be involved. They will umpire, coach, act as an official or work towards improving her knowledge of analysing movement. **THEY WILL ALWAYS CHANGE INTO THEIR PE KIT FOR THE LESSON.** Only under extreme circumstances will this rule be waived. This practice, highly praised by OFSTED, will continue. It is good training for the pupil and makes them feel a part of the group.

**THE FINAL DECISION ABOUT THE SUITABILITY OF ANY ITEM IS AT THE
DISCRETION OF THE HEADTEACHER**