

Name:

Checkpoint Assessment:

Date:

Time for reflection- KS3

[\[ML1\]Click on the speech bubble for help!](#)

Part 1:
My overall assessment grade was:

Part 2:
My self-assessment grade is:

Part 3:
What went well?

Part 4:
Even better if?

Part 5:
What skills do you think are particular strengths?

'X' if appropriate	
Throwing	
Catching	
Kicking	
Knowledge of the rules	
Stamina	
Reaction time	
Coordination	

Part 6:
Areas I need to develop are?

'X' if appropriate	
Throwing	
Catching	
Kicking	
Knowledge of the rules	
Stamina	
Reaction time	
Coordination	

Part 7:
My targets in order to improve next time are?

Part 8:
Save your reflection sheet in your class folder in student share as your name and the activity you've completed