

Physical Education Extra-Curricular Timetable

Spring Term 2019-20

All extra-curricular clubs are free except for Mersey Mavericks basketball in the evening, which is run by an external club.

Fixtures and competitions are for specific years/age groups. Information is provided by staff member to students.

	Monday	Tuesday	Wednesday	Thursday	Friday
Before School 8.00-8.35am	Badminton – all years Sports hall Mr Deane	Badminton – all years Sports hall Mr Lloyd GCSE PE drop in session Mr Lloyd PE classroom	Badminton – all years Sports hall Mr Deane	Table tennis – all years Sports hall Mr Deane KS3 Dance 1/2 Sports hall Dance Leaders	Table Tennis– All years Sports hall Mr Lloyd
Dinner time 12.05-12.45pm (Please eat at break time)	Recreational Football Year 7 boys (20 places) Astro Mr Lloyd	GCSE PE catch-up & support Miss Dennis PE classroom Recreational Football Year 8 boys (20 places) Astro Mr Lloyd	Recreational Football Year 9 boys (20 places) Astro Mr Lloyd Basketball Shooting All welcome Sports hall PE Department	Netball A team Practice Year 7 and 8 Miss Dennis & Mrs Gilbert	Recreational Football Year 10 (20 places) Astro Mr Lloyd Table tennis All students Sports hall Mr Deane
	Monday	Tuesday	Wednesday	Thursday	Friday
After school 3.00pm- 4.20pm Please note fixtures will finish later.	Football A Team Training 7-10 Sefton Park/Astro Mr Lloyd/Mr Deane Netball A Team Training Year 7-11 Sports hall/Hard court Mrs Gilbert & Miss Salah	Girls Football All years Astro Miss Dennis GCSE PE Theory development Mr Lloyd PE Classroom Rugby Mr Deane Sefton Park Staff fitness (3:15-4pm)	Netball recreational All years Sports hall/Hard court Miss Dennis & Miss Salah Football recreation (fixture dependant) All years Astro Mr Lloyd	No clubs staff meetings Staff HIIT after staff meetings (45 minutes)	Staff and College Sport All welcome
Evenings External clubs 5.30-6:30pm		Basketball Boys 7-11 Mr Lavery Mersey Mavericks Sports Hall		Basketball Girls 7-11 Mr Lavery Mersey Mavericks Sports Hall	