

### DofE Kit list 2021

<b>General kit</b>	<b>Got it</b>	<b>Packed it</b>
Walking boots – to wear on the day		
X 2 trousers – (not jeans) 1 to wear and 1 to pack		
X 2 t-shirts - 1 to wear and 1 to pack		
Waterproof trousers		
Waterproof coat		
Walking socks. 1 to wear and a spare pair		
Fleece or jumper x 2 - 1 to wear and 1 to pack		
Sun cream		
Sun hat		
65L rucksack		
Survival bag		
Note pad and pen		
Watch		
Whistle		
Water bottle		
Emergency rations		
Plate, knife and fork – anything else they will need to eat their tea.		
Water		
Lunch (each day) and evening meal for Thursday with team.		
<b>Personal first aid kit</b>	<b>Got it</b>	<b>Packed it</b>
- An individually-wrapped sterile unmediated wound dressing.		
- Triangular bandage		
- Antiseptic wipes		
- Safety pins		
- Medical scissors		
- Tweezers		
- Plasters (waterproof and blister kit)		
- Burns wound dressing		
- Eye wash		

Tents and stoves will be provided for the students to complete their tasks on the Thursday evening.

Students will also be provided with maps and compasses.