







KS3 Assessment Criteria

At the end of each unit of work you will be assessed by your teacher using the 'bronze, silver, gold' criteria below. You shall receive your category and number for example, bronze 2 at the end of each unit of work. You will then be able to view the comments and use them to reflect whilst completing a 'time for reflection sheet' for homework.

| Category | Grade | Which statement best describes the student? |
|---|-------|--|
|  | 1 | <ul style="list-style-type: none"> I can perform and show some knowledge of skills to a basic level. I show some levels of active participation in game related performance. I can identify a reason why exercise is good for me. |
| | 2 | <ul style="list-style-type: none"> I am fluent in my application of skills in isolated practices. I look to be actively involved in a game by following play. I can identify multiple reasons why exercise is good for me. |
| | 3 | <ul style="list-style-type: none"> I can generally complete the skills well in isolated practice. I am actively involved within a game attempting to apply learnt skills. I actively try to participate in more activity and I'm starting to think what I'm best suited to. |
|  | 4 | <ul style="list-style-type: none"> I can sometimes show quality and control within my skill achievement in isolated practices. I am actively involved within a game, occasionally applying learnt skills successfully and showing knowledge of some tactics. I can identify different components of fitness used in sport |
| | 5 | <ul style="list-style-type: none"> I can generally complete skills in isolated practices with control regularly. I am able to select the appropriate technique specific to the sport in game related performance in combination with simple tactics. I can describe of how different types of exercise contribute to improved fitness and health. |
| | 6 | <ul style="list-style-type: none"> I can frequently complete skills in isolated practices with control and sometimes with high quality. I am able to apply skills learnt fully and apply tactics fittingly to aid the performance of own and others in game related performance. I show good understanding of how different types of exercise contribute to fitness and health. |
|  | 7 | <ul style="list-style-type: none"> I demonstrate regular control and high quality in isolated practice and I'm starting to demonstrate fluency in my application of skills. I am able to lead others by appropriately applying tactics and using high levels of skill consistently within game related performance. I can explain the benefits of exercise and demonstrates good levels of general fitness myself. |
| | 8 | <ul style="list-style-type: none"> I show consistently good control, high quality and fluency in all isolated skill practices. I show the ability to use different techniques in different situations within game related performance alongside applying relevant tactics. I can evaluate why certain types of exercise are important for living an active healthy lifestyle and demonstrate a high standard of fitness myself. |
| | 9 | <ul style="list-style-type: none"> I constantly display fantastic levels of control, high quality and fluency in all isolated skill practices. I show the ability to use different techniques and select them appropriately in different situations within game related performance. I am a motivated leader, who is confident, organised and a good communicator in applying tactics for your team/group. I know why I am best suited to specific activities due to the components of fitness I am strongest in and can apply it consistently to my participation in exercise at all levels. |

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