

Date: 21/10/2020



**ST HILDA'S**  
CE HIGH SCHOOL

WISDOM  
HOPE  
COMMUNITY  
DIGNITY  
EQUALITY

Dear parent or carer,

## CONFIRMED CASE OF COVID-19 WITHIN OUR SCHOOL COMMUNITY

I am writing to tell you that we have a case of Covid-19 in Year 7. The student was only in on Monday this week. I would like to take time to reassure you that we have taken all necessary actions since hearing this information to keep all students at our school as safe as possible. A small group of students in the bubble is now self-isolating for the appropriate time.

### How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19:

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

### Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

### Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from NHS 111 at

<https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>  
or by phoning 119.

Headteacher  
**Mrs J Code**

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Artsmark  
Silver Award  
Awarded by Arts  
Council England



A school  
committed to  
excellence in  
PSHE education  
PSHE



Yours sincerely,

A handwritten signature in purple ink, appearing to read 'Jo Code', written in a cursive style.

**Mrs Jo Code**  
Headteacher