

Parentalk

THE TEENAGE YEARS

The teenage years are a time of transition and can be challenging for both teenagers and parents.

Parentalk – The Teenage Years is all about helping parents and carers to do the best job they can as they navigate these years with their teenager. It's a relaxed, informal course giving you the opportunity to talk about the day-to-day challenges you face, as well as sharing the things that are going well.

The sessions are presented by Rob Parsons OBE and Katharine Hill. They are joined by special guests, including broadcaster Carrie Grant, educational psychologist Dave Lumsdon and youth specialist Rachel Gardner.

Runs over 6 2hour sessions, please contact YPAS for referral bookings@ypas.org.uk