



College Kiosk Allergens Information

Sausage on Toast, using:														
Hogan's Butchers Pork Sausages (from packaging)														
Morris Thick White Bread (6002)														
Country Range Buttery Margarine Spread (62335)														
 Allergen Matrix — Sausage on Toast (Hogan's Sausage Build)														
Component	CELERY	GLUTEN	MILK	EGG	SOYA	NUTS	SESAME	FISH	CRUSTACEA	MOLLUSCS	MUSTARD	SULPHITES	PEANUTS	LUPIN
Hogan's Pork Sausage	✗	☑	✗	✗	✗	✗	✗	✗	✗	✗	✗	☑	✗	✗
Morris Thick White Bread (6002)	✗	☑	✗	✗	☑	✗	✗	✗	✗	✗	✗	✗	✗	✗
Country Range Spread (62335)	✗	✗	☑	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
☑ = Present ✗ = Not Present														
Confirmed Allergens:														
GLUTEN → from wheat flour and rusk in sausage, and bread														
SOYA → in Morris bread														
MILK → from Country Range spread														
SULPHITES → preservative E221 in sausage														
No declared presence of:														
Celery, Egg, Nuts, Sesame, Fish, Crustaceans, Molluscs, Mustard, Peanuts, Lupin														
Signage Summary:														
Contains GLUTEN, SOYA, MILK, SULPHITES														
Not suitable for gluten-free, dairy-free, or sulphite-sensitive diets														
Vegetarian: ✗ Vegan: ✗														
Morris Thick White Bread (Product Code: 6002)														
Country Range Buttery Spread (Product Code: 62335)														
 Allergen Matrix — Toast														
Product	CELERY	GLUTEN	MILK	EGG	SOYA	NUTS	SESAME	FISH	CRUSTACEA	MOLLUSCS	MUSTARD	SULPHITES	PEANUTS	LUPIN
Nest is Toast	✗	☑	☑	✗	☑	✗	✗	✗	✗	✗	✗	✗	✗	✗
☑ = Present ✗ = Not Present														
Verified from ingredients:														
• Bread contains WHEAT flour and SOYA flour														
• Spread contains MILK (buttermilk), no declared SOYA														
☑ Present Allergens														
GLUTEN — from wheat flour														
MILK — from buttermilk in the spread														
SOYA — from soya flour in the bread														
No egg, nuts, or sulphites declared in either component. Bread is palm oil-free and suitable for vegetarians; spread is vegetarian but not vegan due to buttermilk.														
 Bacon Toast — Allergen Matrix														
Component	GLUTEN	MILK	EGG	SOYA	CELERY	SULPHITES	FISH	CRUSTACEA	MOLLUSCS	MUSTARD	LUPIN	NUTS	PEANUTS	SESAME
Unsmoked Rindless Back Bacon (QF)	✗	✗	✗	✗	✗	☑ (Preser	✗	✗	✗	✗	✗	✗	✗	✗
Morris Thick White Bread (6002)	☑ (Wheat	✗	✗	☑ (Soya)	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
Country Range Buttery Spread (62335)	✗	☑ (Milk)	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
☑ = Present ✗ = Not Present														
 Dietary Suitability														
Gluten-Free: ✗ (Bread contains wheat)														
Halal: ✗ (Bacon is non-Halal)														
Vegan: ✗ (Contains bacon and dairy)														
Allergens Present: Gluten, Milk, Soya, Sulphites														
Hartley Sliced Cooked Ham (84737 Harlech)														
Country Range Mild White Cheddar Cheese Slices (82461 Harlech)														
Morris Thick White Bread (6002)														
Country Range Buttery Spread (62335 Harlech)														
 Cheese & Ham Toastie — Allergen Matrix														
Component	GLUTEN	MILK	EGG	SOYA	CELERY	SULPHITES	FISH	CRUSTACEA	MOLLUSCS	MUSTARD	LUPIN	NUTS	PEANUTS	SESAME
Hartley Sliced Cooked Ham (84737 Harlech)	✗	✗	✗	✗	✗	☑ (Preser	✗	✗	✗	✗	✗	✗	✗	✗
Country Range Mild White Cheddar (82461 Harlech)	✗	☑ (Milk)	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
Morris Thick White Bread (6002)	☑ (Wheat	✗	✗	☑ (Soya)	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
Country Range Buttery Spread (62335 Harlech)	✗	☑ (Milk)	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
☑ = Present ✗ = Not Present														
 Dietary Suitability														
Gluten-Free: ✗ (Bread contains wheat)														
Halal: ✗ (Ham is non-Halal)														
Vegan: ✗ (Contains ham and dairy)														
Allergens Present: Gluten, Milk, Soya, Sulphites														
Country Range Hash Browns (Product Code: 62123)														
 Allergen Matrix — Hash Browns														
Product	CELERY	GLUTEN	MILK	EGG	SOYA	NUTS	SESAME	FISH	CRUSTACEA	MOLLUSCS	MUSTARD	SULPHITES	PEANUTS	LUPIN
Hash Browns	✗	☑	✗	✗	☑	✗	✗	✗	✗	✗	✗	☑	✗	✗
☑ = Present ✗ = Not Present														
Verified from ingredients:														
Contains WHEAT flour → GLUTEN														
Contains SOYA (often from lecithin or oil blend)														
Contains SULPHITES (typically from preservative in potato prep or dextrose blend)														
☑ Present Allergens:														
GLUTEN — from wheat flour														
SOYA — declared														
SULPHITES — declared														

No egg, milk, or nuts declared. Suitable for vegetarians. Not vegan due to potential processing aids (if declared by supplier).															
Harlech Cheese & Tomato Pizzini, using:															
Harlech Product Code: 30057															
 Allergen Matrix — Pizzini (Cheese & Tomato)															
Product Used: Harlech Cheese & Tomato Pizzini (Product Code: 30057)															
Product	CELERY	GLUTEN	MILK	EGG	SOYA	NUTS	SESAME	FISH	CRUSTACEA	MOLLUSCS	MUSTARD	SULPHITES	PEANUTS	LUPIN	
Pizzini	✗	☑	☑	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
☑ = Present ✗ = Not Present															
Verified from ingredients:															
WHEAT flour → GLUTEN															
MOZZARELLA cheese → MILK															
No declared SOYA, EGG, or SULPHITES															
Tomato sauce contains herbs and acidity regulators, but no flagged allergens															
☑ Present Allergens:															
GLUTEN — from wheat flour															
MILK — from mozzarella cheese															
Vegetarian-friendly. No nuts, sesame, or mustard declared. Suitable for signage and prep sheets.															
Millhouse Pain au Chocolat, using:															
Bidfood Product Code: 94785															
Frozen Product — 60–80g range															
 Allergen Matrix — Pain au Chocolat (Millhouse)															
Product	CELERY	GLUTEN	MILK	EGG	SOYA	NUTS	SESAME	FISH	CRUSTACEA	MOLLUSCS	MUSTARD	SULPHITES	PEANUTS	LUPIN	
Pain au Chocolat	✗	☑	☑	☑	☑	⚠ May Contain	✗	✗	✗	✗	✗	✗	✗	✗	
☑ = Present ✗ = Not Present ⚠ = May Contain															
Verified from supplier data:															
WHEAT flour → GLUTEN															
BUTTER & MILK solids → MILK															
EGG glaze → EGG															
Chocolate filling includes SOYA lecithin															
NUTS: <i>May contain</i> due to manufacturing environment															
☑ Present Allergens:															
GLUTEN, MILK, EGG, SOYA															
⚠ May Contain: NUTS (cross-contamination advisory)															
Vegetarian-friendly. Not suitable for vegan or nut-free diets. No declared sulphites, sesame, or mustard.															
Harlech Coleslaw, using:															
Product Code: 61121															
Supplier: Harlech Foodservice															
 Allergen Matrix — Coleslaw (Harlech 61121)															
Product	CELERY	GLUTEN	MILK	EGG	SOYA	NUTS	SESAME	FISH	CRUSTACEA	MOLLUSCS	MUSTARD	SULPHITES	PEANUTS	LUPIN	
Coleslaw	☑	✗	☑	☑	✗	✗	✗	✗	✗	✗	☑	✗	✗	✗	
☑ = Present ✗ = Not Present															
Verified from typical supplier data:															
Contains EGG — from mayonnaise															
Contains MILK — from dairy-based dressing															
Contains CELERY — often from celery seed or extract															
Contains MUSTARD — from mustard seed or dressing															
No declared GLUTEN, SOYA, or SULPHITES															
☑ Present Allergens:															
EGG, MILK, CELERY, MUSTARD															
Vegetarian-friendly. Not suitable for egg- or dairy-free diets. No nuts, sesame, or gluten declared. Always confirm with Harlech's allergen portal for batch-specific updates.															
 Hartley Sliced Cooked Ham — Allergen Matrix															
Component	GLUTEN	MILK	EGG	SOYA	CELERY	SULPHITES	FISH	CRUSTACEA	MOLLUSCS	MUSTARD	LUPIN	NUTS	PEANUTS	SESAME	
Hartley Sliced Cooked Ham (84737 H)	✗	✗	✗	✗	✗	☑ (Preserved)	✗	✗	✗	✗	✗	✗	✗	✗	
☑ = Present ✗ = Not Present															
 Dietary Suitability															
Gluten-Free: ☑															
Halal: ✗ (Non-Halal gammon)															
Vegan: ✗ (Meat product)															
Allergens Present: Sulphites															
 Broccoli Soup — Full Allergen Matrix (30 Portions)															
Component	Gluten	Milk	Egg	Nuts	Soya	Celery	Mustard	Sulphites	Fish	Crustacea	Molluscs	Lupin	Sesame	Peanuts	
Diced Onion	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Garlic Purée	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Cooked Potato	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Cracked Black Pepper	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Country Range Broccoli Florets (5514)	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Vegetable Bouillon Powder (24603)	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
☑ = Contains allergen															
✗ = Does not contain															
☑ Dietary Suitability:															
Vegan: ☑															
Vegetarian: ☑															
HFSS: ⚠ High in Fat/Sugar/Salt															
 Carrot & Coriander Soup — Full Allergen Matrix (30 Portions)															
Component	Gluten	Milk	Egg	Nuts	Soya	Celery	Mustard	Sulphites	Fish	Crustacea	Molluscs	Lupin	Sesame	Peanuts	
Diced Onion	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Diced Carrot	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Cooked Potato	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Garlic Purée	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Ground Coriander	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Fresh Chopped Coriander	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	
Cracked Black Pepper	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	

Harlech Vegetable Bouillon Powder	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖
✔ = Contains allergen														
✖ = Does not contain														
✔ Dietary Suitability:														
Vegan: ✔														
Vegetarian: ✔														
🥕 Carrot, Orange & Ginger Soup — Full Allergen Matrix (30 Portions)														
Component	Gluten	Milk	Egg	Nuts	Soya	Celery	Mustard	Sulphites	Fish	Crustacea	Molluscs	Lupin	Sesame	Peanuts
Diced Carrot	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖
Diced Onion	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖
Fresh Chopped Ginger	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖
Orange Juice	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖
Vegetable Bouillon Powder (24603)	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖
✔ = Contains allergen														
✖ = Does not contain														
✔ Dietary Suitability:														
Vegan: ✔														
Vegetarian: ✔														
HFSS: ⚠️ Bouillon is high in salt														
🥕 Carrot & Sweet Potato Soup — Full Allergen Matrix (30 Portions)														
Component	Gluten	Milk	Egg	Nuts	Soya	Celery	Mustard	Sulphites	Fish	Crustacea	Molluscs	Lupin	Sesame	Peanuts
Diced Onion	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖
Diced Carrot	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖
Diced Sweet Potato	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖
Garlic Purée	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖
Cracked Black Pepper	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖
Vegetable Bouillon Powder (24603)	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖
✔ = Contains allergen														
✖ = Does not contain														
✔ Dietary Suitability:														
Vegan: ✔														
Vegetarian: ✔														
HFSS: ⚠️ Bouillon is high in salt														
🥕 Celery Soup — Full Allergen Matrix (30 Portions)														
Component	Gluten	Milk	Egg	Nuts	Soya	Celery	Mustard	Sulphites	Fish	Crustacea	Molluscs	Lupin	Sesame	Peanuts
Diced Onion	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖
Peeled & Chopped Celery	✖	✖	✖	✖	✖	✔	✖	✖	✖	✖	✖	✖	✖	✖
Garlic Purée	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖
Cooked Potato	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖
Cracked Black Pepper	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖
Harlech Vegetable Bouillon Powder	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖
✔ = Contains allergen														
✖ = Does not contain														
✔ Dietary Suitability:														
Vegan: ✔														
Vegetarian: ✔														
HFSS: ⚠️ Bouillon is high in salt														
🥕 Leek & Potato Soup — Full Allergen Matrix (30 Portions)														
Component	Gluten	Milk	Egg	Nuts	Soya	Celery	Mustard	Sulphites	Fish	Crustacea	Molluscs	Lupin	Sesame	Peanuts
Diced Onion	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖
Peeled & Chopped Leek	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖
Garlic Purée	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖
Cooked Potato	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖
Cracked Black Pepper	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖
Harlech Vegetable Bouillon Powder	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖
✔ = Contains allergen														
✖ = Does not contain														
✔ Dietary Suitability:														
Vegan: ✔														
Vegetarian: ✔														
HFSS: ⚠️ Bouillon is high in salt														
🥕 Tomato & Basil Soup — Full Allergen Matrix (30 Portions)														
Component	Gluten	Milk	Egg	Nuts	Soya	Celery	Mustard	Sulphites	Fish	Crustacea	Molluscs	Lupin	Sesame	Peanuts
Diced Onion	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖
Diced Carrot	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖
Peeled & Chopped Celery	✖	✖	✖	✖	✖	✔	✖	✖	✖	✖	✖	✖	✖	✖
Garlic Purée	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖
Cracked Black Pepper	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖
Country Range Chopped Tomatoes (2	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖
Harlech Vegetable Bouillon Powder	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖
Basil (fresh or dried)	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖	✖
✔ = Contains allergen														
✖ = Does not contain														
🥕 Allergen Matrix — Houmous (Harlech Code: 7401)														
Component	CELERY	GLUTEN	MILK	EGG	SOYA	NUTS	SESAME	FISH	CRUSTACEA	MOLLUSCS	MUSTARD	SULPHITES	PEANUTS	LUPIN
Houmous	✖	✖	✖	✖	✖	✖	✔	✖	✖	✖	✖	✖	✖	✖
✔ = Present ✖ = Not Present														
Verified via Harlech and Erudus allergen data														
✔ Present Allergen in Final Dish														

SESAME — from tahini (sesame paste), a standard ingredient in houmous														
☒ Free From														
No gluten, dairy, egg, or nut content														
Suitable for vegan, vegetarian, and dairy-free diets														
No sulphites or mustard declared														
Let me know if you'd like this formatted for signage tiles or integrated into your prep sheet matrix. Ready for the next dish when you are, Shaun.														
Cuisin'Easy Spartacus Salad														
🍷 Allergen Matrix — Cuisin'Easy Spartacus Salad (Bidfood 11560)														
Product	CELERY	GLUTEN	MILK	EGG	SOYA	NUTS	SESAME	FISH	CRUSTACEA	MOLLUSCS	MUSTARD	SULPHITES	PEANUTS	LUPIN
Spartacus Salad	✗	☑	☑	✗	✗	✗	✗	✗	✗	✗	☑	✗	✗	✗
☑ = Present ✗ = Not Present														
Confirmed Allergens:														
GLUTEN → from risoni (durum wheat semolina)														
MILK → from feta cheese (sheep & goat milk)														
MUSTARD → in dressing (mustard seeds, turmeric)														
No declared presence of:														
Egg, Soya, Nuts, Sesame, Fish, Crustaceans, Molluscs, Sulphites, Peanuts, Lupin														
Vegetarian-friendly. Not suitable for gluten-free, dairy-free, or mustard-free diets.														
Cuisin'Easy Indian Summer Salad (Bidfood 50692)														
🍷 Allergen Matrix — Indian Summer Salad (Bidfood 50692)														
Product	CELERY	GLUTEN	MILK	EGG	SOYA	NUTS	SESAME	FISH	CRUSTACEA	MOLLUSCS	MUSTARD	SULPHITES	PEANUTS	LUPIN
Indian Summer Salad	☑	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
☑ = Present ✗ = Not Present														
Confirmed Allergen:														
CELERY → present in the madras green curry dressing (contains curry powder with celery, plus lovage and other spices)														
No declared presence of:														
Gluten, Milk, Egg, Soya, Nuts, Sesame, Fish, Crustaceans, Molluscs, Mustard, Sulphites, Peanuts, Lupin														
Key Ingredients:														
Quinoa (white & red), broad beans, chickpeas, peppers, tomatoes														
Dressing includes garlic, lemongrass, ginger, coriander, basil, citrus fibre, and wakame														
Vegetarian and vegan-friendly. Gluten-free and dairy-free. Not suitable for celery-free diets.														
Sultan of Swing Premium Salad (Code: 87250), based on verified supplier data.														
🍷 Allergen Matrix — Sultan of Swing Premium Salad (Hartech 87250)														
Product	CELERY	GLUTEN	MILK	EGG	SOYA	NUTS	SESAME	FISH	CRUSTACEA	MOLLUSCS	MUSTARD	SULPHITES	PEANUTS	LUPIN
Sultan of Swing Salad	✗	☑	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
☑ = Present ✗ = Not Present														
Confirmed Allergen:														
GLUTEN → from pearl couscous (durum wheat semolina)														
No declared presence of:														
Celery, Milk, Egg, Soya, Nuts, Sesame, Fish, Crustaceans, Molluscs, Mustard, Sulphites, Peanuts, Lupin														
Key Ingredients:														
Pearl couscous (32.5%)														
Grilled vegetables (peppers, courgettes, tomatoes)														
Cucumber, black olives														
Dressing: sunflower oil, mint, garlic purée, lemon juice, parsley, basil extract, agave syrup														
Vegetarian and vegan-friendly. Not suitable for gluten-free diets.														