

YEAR 12 – BRIDGING UNITS

Level 3 AAQ Cambridge National Certificate HEALTH AND SOCIAL CARE



ST HILDA'S
COLLEGE

The 6th Form
@ St Hilda's

bridging
units

Name:

Anything is

POSSIBLE

Welcome to Health & Social Care

About the course

This course is a broad-based study for the health and social care sector. Whilst it is not essential to have covered the Level 2 Health and Social Care course, if you did not, it may be helpful to familiarise yourself with the Level 3 text book using this link.

[AAQ Health Social Care OCR - Cambridge Advanced National](#)

This qualification is designed to support progression to higher education when taken as part of a programme of study that includes other appropriate BTEC Nationals or A Levels.

The course prepares you for working in the Health and Social Care sector and if nothing else, this current situation has led to a realisation of the Nation the fundamental importance, if not the essential and life changing nature of this sector for our Nation. There is no better time to embark on this course and progression into a career in health and social care!

BTECs embody a fundamentally learner-centred approach to the curriculum, with a flexible, unit-based structure and knowledge applied in project-based assessments. They focus on the holistic development of the practical, interpersonal and thinking skills required to be able to succeed in employment and higher education. Therefore, we have given you a skills assessment as one of the tasks to choose from. We have also provided a range of activities from different areas of the course health care, from child development to care of the elderly.

Bridging Tasks

The following tasks have been designed to help you build essential knowledge that will help you succeed in the course. Please complete the tasks and bring in the required evidence to your **first timetabled lesson**.

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Part 1 – NHS online units



You are required to complete 3 online units

1. A Step Ahead: Module 1 (4 hours)
2. Infection Prevention and Control (2 hours)
3. What are Multidisciplinary Teams (45 mins)

You must provide your teacher with evidence of completion via the healthcare portfolio found on Aspire ELearning.



1. Visit www.nhscareersnw.co.uk
2. Click Aspire E Learning
3. Click Sign In/Register in the top right corner.
4. Click 'Sign up' and register for your account
5. Return to nhscareersnw.co.uk (or click the NHS I Click Aspire E Learning and sign in
7. Select Key Stage 4 and identify the 3 courses above.
8. Click start course.
9. You can return at any time and find 'My Courses' down the left-hand side.
10. Scan the QR guide to access the support guide if required
11. Upon completion of the pre-work, provide your teacher with evidence via a screenshot or the healthcare e-portfolio and you will then receive a link to an online form to confirm your place.

Part 2 – Research tasks to build wider knowledge

 Complete a self-assessment task and set yourself SMART Targets Watch this short video to help you understand how to set targets. What are Smart Targets? 	 Listen to an interview/podcast Read the article and listen to the short podcast on the importance of music for development of the baby The Listen Service BBC Why do Babies Love Music 
 Read the information in this power point and watch the short video clip to understand the wonder that is foetal development! Foetal development stages  Foetal development video 	 Watch this video on the work of street angels in Manchester. Try the Alcohol related challenges, read the case studies and debate the issues.... Street Angels 
 Read and research Read through the power point and research high profile cases of abuse and identify why and where things went wrong. When things go very wrong.pptx 	 Listen to the podcasts from 'Think Local act personal' Social Care collection Think Local  Especially good is.... Community centred support  What do we mean by community-centred approaches?

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 Listen to this BBC Sounds Health Matters programme on Childhood obesity and other childhood conditions... The Childhood Obesity Epidemic Why not listen to other programmes in this series. <i>Use this link to explore Government Statics on Obesity in ours and other UK regions.</i> Obesity Statistics  	 Read the information from Very Well Mind on the Nature and Nurture debate. Nature-nurture Have a go at one of these quizzes Quizzizz Ology   
 Listen to this BBCSounds The Listening project programme which explores all sorts of Health related topics from the view point of real life experiences. The Listening Project 	 Read this article on how traffic and power generation are the main sources of urban air pollution which can cause exacerbations of pre-existing asthma and contribute to new onset asthma as well. Outdoor air pollution and asthma 